

# **RULES FOR USE OF THE LTHA FITNESS CENTER**

<b>1</b>	<b>The fitness center is ONLY for the use of Leisure Town residents. The use of a Card Key is only to be used by the authorized residents in good standing.</b>
<b>2</b>	<b>Fitness Center usage is restricted to the operating hours as posted by the LTHA.</b>
<b>3</b>	<b>All equipment is first come-first used. It may not be reserved. The exception to this rule is for Board approved classes. The time limit for each machine is 30 minutes. Do not rest or hang out on equipment.</b>
<b>4</b>	<b>Intoxicated persons are not allowed in the Fitness Center.</b>
<b>5</b>	<b>Appropriate attire such as shorts, warm up suits, shirts, tights/leotards, and appropriate footwear must be worn. Open-toed footwear is strictly prohibited.</b>
<b>6</b>	<b>No breakable containers allowed. Alcoholic beverages are strictly prohibited.</b>
<b>7</b>	<b>Personal music devices must be used with earphones.</b>
<b>8</b>	<b>TV stations and volume control will be set at the discretion of the Board. Personal headsets will be required for sound.</b>
<b>9</b>	<b>Lockers are for day used only. LTHA assumes no responsibility for personal property and any items remaining overnight will be considered abandoned and may be disposed of.</b>
<b>10</b>	<b>Violators may have their privileges revoked and/or be subject to a fine, as defined by the LTHA Fine Policy.</b>